

Rules for Bobcats 11/19/19

Participation in extracurricular activities is a privilege and not a right. Furthermore, participation is optional and voluntary and requires the acceptance of additional conditions that do not necessarily apply to all students.

Each participant and parent/guardian is asked to closely study the Rules for Bobcats and to agree in writing to conform. A signature by the participant and his or her parent/guardian indicates they are prepared to meet and accept these provisions.

SCHOOL TEAMS

- 1) Basketball
 - a) 7th & 8th Boys – competitive (limited amount of participation)
 - b) 7th & 8th Girls - competitive (limited amount of participation)
 - c) 5th & 6th Boys – instructional (will attempt maximum total participation)
 - d) 5th & 6th Girls – instructional (will attempt maximum total participation)
- 2) Cheerleading
 - a) Varsity (5th – 8th Girls)
- 3) Baseball – 6th -8th Boys – competitive (limited amount of participation)
- 4) Softball - 6th -8th Girls – competitive (limited amount of participation)
- 5) Cross Country- 5th – 8th Boys & Girls - competitive (limited amount of participation)
- 6) Volleyball
 - a) 7th & 8th Girls – competitive (limited amount of participation)
 - b) 5th & 6th Girls – instructional (will attempt maximum total participation)
- 7) Track
 - a) 6th – 8th Boys – competitive (limited amount of participation)
 - b) 6th – 8th Girls - competitive (limited amount of participation)

A. Independent Team Participation

During the school season for any given sport, students may participate in non-school competition in that sport or any other sport, BUT the school sport comes first when it comes to practices and games. Violation of this rule shall be handled by the team coach for that given sport.

B. Try-outs

1. Squad members who try out and are not presently maintaining the academic requirements and do not make the team are not eligible to practice until their grades are passing.
2. Squad members must have on file at Elementary District 12 a certificate of physical fitness issued by a licensed physician before he/she can compete in a practice (including try-outs) or a game. This physical exam is good for only one year and one month or (395 days) from the date of the exam. Physicals must stay current during the playing of that sport's season.
3. Squad members must have all fees paid (per student handbook) before he/she can try-out.
4. Squad members will be selected on the basis of academic eligibility, athletic abilities, appearance, enthusiasm, personality and attitude.
5. Squad members must have a completed permit form, emergency room consent form, try-out release form, waiver, and player's rules and policies on file with the coach prior to attending try-outs.
6. Players can try out for a given sport when the seasons overlap as long as it doesn't conflict with the sport that is currently going-on. Furthermore, when 2 sports overlap during the sports year, the first sport takes precedence over the upcoming sport season. Both coaches must be in agreement that an athlete may practice in the other sport if they are held at different times. If the sport is held during the same time of the day, the first sport takes precedent whether the athlete prefers one sport over another. Games will always take precedent in the first season over any practice or game in the other sport season. Lastly, post-season games take precedence over any practice or games held at the same time. Coaches discretion will always be utilized when deemed necessary. If coaches are not in agreement, the issue will be discussed and determined by the athletic director and administration.

7. Official rules and regulations of the Southern Illinois Junior High School Athletic Association and Illinois High School Athletic Association govern our interscholastic programs.

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C. Athlete Eligibility

1. A student who has an “F” on grade check will be put on probation or suspension.
2. Team lists or eligibility lists will be checked weekly. The student and parent/guardian will be notified verbally and/or in writing of the student’s failure to meet eligibility requirements and the disciplinary action that results. Failure to meet these eligibility requirements will be handled in the following manner:
 - A. Students who receive a failing grade in any subject shall not participate in extracurricular activities (this means not attending practices and or games) for one week. After one week, student’s grades and eligibility status will be reviewed.
 - B. If the student still has not met the above requirement for eligibility, an additional one-week suspension from all extra-curricular activities will take place. After one-week student’s grades and eligibility status will be reviewed.
 - C. If the student still has not met the above requirement for eligibility, an additional one-week suspension from all extra-curricular activities will take place. After one-week student’s grades and eligibility status will be reviewed.
 - D. If the student still has not met the above requirement for eligibility, an additional one-week suspension from all extra-curricular activities will take place. After one-week student’s grades and eligibility status will be reviewed.
 - E. After the 4th week that a student becomes ineligible, he or she will be removed from the team for the remainder of the season.
3. Any student that is involved in any extracurricular activity is ineligible if outstanding registration and or lunch fees are due in excess of -\$25.00. Lunch bills go home every Friday with the student and can also be checked on the student portal. If you are not already on the portal, please call the office. Should you need to set up a payment plan for your student(s) registration fees, please contact Jenny in the Business Office. There was also a slight change in academic eligibility. Students are ineligible due to failing current/quarter grades. Eligibility is ran every Tuesday with the first one printed on September 3rd. This policy can be referenced on page 5 in the student handbook.

D. Conduct

1. It cannot be stressed enough the student athlete's role as a representative of the school. Players are highly visible symbols of Elementary District 12. Therefore, members must conduct themselves as gentlemen/ladies at all times. Selection as a player should be regarded as an honor.
2. Student athletes are expected to maintain acceptable and appropriate behavior at all times. No display of temper or disrespect will be tolerated toward teammates, coaches, officials or opponents. Other behaviors deemed inappropriate by the Elementary District 12 Handbook may also result in disciplinary action.
3. Profanity and lewd gestures will not be tolerated.
4. The possession or usage of tobacco, alcohol, drugs and/or their related products, anywhere or anytime, will result in immediate expulsion from the team after the athletic director's or principal's evaluation or verification of the incident.
 - i. The possession or usage of tobacco, alcohol, drug and/or their related products, i.e. vaping, anywhere or anytime, will result in the following consequences:
 1. 1st offense - 2 game suspension
 2. 2nd offense - removal from team
 - ii. *Administration may, depending on the seriousness, adjust the aforementioned consequences.
5. Recording devices in Locker rooms are prohibited. Any infraction will be investigated and appropriate disciplinary action will be assessed by a committee consisting of the athletic director, appropriate coach, and administrator.
6. Minor disciplinary problems, violations of interscholastic rules and inappropriate behavior will be addressed by the individual coach of the respective activity. All other infractions such as theft, vandalism, and conviction of a misdemeanor or felony by a student-athlete will be investigated and appropriate disciplinary action will be assessed by a committee consisting of the athletic director, appropriate coach, and administrator.

7. A student-athlete must serve detentions on assigned days.
8. Persistent and/or serious behavior problems may result in probation, suspension or expulsion from the team.

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E. Attendance

1. Players must attend practices in pre-season and during the season. Any player except those reported absent from school, not attending a practice must personally notify the coach before the missed practice.
2. Two kinds of absence
 - i. excused
 - ii. unexcused

Excused – death, illness, family emergency, doctor’s appointment, and out of town with parent/guardian

Unexcused – hair appointment, forgot clothes or shoes, must baby sit, and etc.

3. Repeated tardiness, unexcused absence or missed games will be grounds for dismissal from the team.
4. A student must be in attendance for more than ½ day or more than 150 minutes in order to be able to play in a game. An exception will be made for acceptable absences:
 1. Medical appointments
 2. Funeral
 3. Religious activity
 4. Family emergency
 5. Approval by administration
5. Lying and deception is very serious. If this occurs, appropriate action will be taken. (suspension or dismissal)

F. Practice Responsibilities

1. Members must be prompt to all practices and team meetings.
2. A player missing practice without an excused excuse will not be allowed to play in the next game.
3. Members must dress appropriately and have needed equipment for practice.
4. Some practices may be held on Saturdays, Sundays, or when school is not in session.
5. Parents/guardians are required to pick up student-athlete on time. Failure to adhere to this rule can lead to consequences imposed on the student athlete by his/her coach.
6. Members will be provided with a practice schedule.
7. Players who fail to follow the coach's directives will be asked to leave practice and may be benched at the coach's discretion. (Parents/guardians will be notified of the problem and the consequences.)
8. It is the prerogative of the coach to allow visitors at practice. Any one visiting a practice should refrain from trying to coach unless asked to assist by the coach.
9. Each coach or sponsor has the prerogative to establish additional rules pertaining to the activity supervised.
10. There will be no practice / open gym when there is inclement weather and school has been cancelled.

G. Game Responsibilities

1. Members should be appropriately dressed neat and well groomed.
2. Members should arrive 30-45 minutes prior to home games and by bus times on away games.
3. A player missing a game without an excused excuse will not be allowed to play in the next game.
4. Good sportsmanship on and off the floor at all times.
5. At home and away games, Varsity, Junior Varsity, and Sixth and Fifth grade team members shall sit together during the games and remained seated until it is time to play or go home. No player is to be up running around or sitting some place other than with his/her team.
6. It is the coach's decision on who plays and how much they play.
7. If there is a problem or a question concerning coaching or playing time, the parent/guardian should call the coach at school and either discuss the situation on the phone or set up a time to meet. Coaches will not be available to discuss these problems during or after games.
8. There will be no game when there is inclement weather and school has been cancelled. (During tournament play administration can over ride this rule.)

H. Transportation

1. Elementary District 12 will provide transportation to all away games.
2. All players are required to ride the bus to all away games. His/her parent or guardian must sign out players who wish to ride home, with parents/guardians.
3. The bus will depart for away games at a scheduled time. The bus departure will not be delayed for any player. The parent/guardian of a player who misses the bus will be responsible to transport the player to and from the game. The coach has the discretion to play or not play a player who is late.
4. Bus conduct rules will be followed as outlined in the Elementary District 12 student handbook.

I. Uniform and Personal Appearance

1. Members will be required to maintain clean uniforms.
2. Uniforms are to be worn only when playing.
3. Players are responsible for replacement of lost, damaged, or stained uniforms.
4. Members will not be allowed to wear jewelry during games or practices.
5. A neat and well-groomed appearance is important for all games.

Concussion Management Guidelines

Policies for the management of concussion and head injury in youth sports

House Bill 200, which recognizes the dangers associated with head injury and concussion, became effective on July 1, 2011. The legislation also requires IHSA member schools to adopt a policy regarding student-athlete concussions and head injuries that is in compliance with the protocols, policies, and by-laws of the IHSA. Information on the school's concussion and head injury policy must be a part of any agreement contract, code, or other written instrument that a school requires a student athlete and his or her parents or guardian to sign before participating in practice or interscholastic competition.

A student athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from participation or competition at that time.

A student athlete who has been removed from an interscholastic contest for a possible concussion or head injury cannot return to that contest unless cleared to do so by a physician licensed to practice medicine in all its branches in Illinois or a certified athletic trainer.

If not cleared to return to that contest, a student athlete cannot return to play or practice until the student athlete has provided his or her school with written clearance from a physician licensed to practice medicine in all its branches in Illinois or a certified athletic trainer working in conjunction with a physician licensed to practice medicine in all its branches in Illinois.

BOBCATS RULES AND POLICIES

I have read the player's rules and policies and agree to follow them.

Players' Signature

Parent's/Guardian's Signature

Elementary District No. 12
777 Memorial Drive
Breese, Ill. 62230

ATHLETIC PERMIT BLANK

DATE: _____

TO BE FILLED OUT ONLY IF THE STUDENT PLANS TO ENTER ANY
COMPETITIVE SPORT THROUGHOUT THIS SCHOOL YEAR.

Name: _____ Birthdates: _____ Grade: _____

Parent's/Guardian's Name: _____ Address: _____

School Insurance: Yes _____ No _____ Date insurance was paid: _____

Insurance coverage is required on all students participating in athletics or related activities-either school insurance coverage or, if the family has sufficient coverage, a waiver form may be obtained directly from the Principal's office.

Check those sports in which you intend to participate during the current school year.

Cheerleader _____ Basketball _____ Volleyball _____

Softball _____ Baseball _____ Track _____

Cross Country _____

Parent's / Guardians Statement

My son/daughter has a current physical examination on file with the School District and insurance coverage and has my permission to take part in the sport stated below under the direction of the school. The undersigned hereby expressly releases and discharges Elementary District No. 12 from any and all claims which might arise for any injury my son/daughter may sustain while participating in any sport permitted by me. Please sign separate line for:

Date _____

Parent's / Guardian's Signature _____

MEDICAL RELEASE FORM

Student's Name _____

Grade _____

I certify that _____ is physically capable and able to fulfill requirements to try out for a position on the _____ team. I understand that this form legally releases all obligations and responsibilities for the medical treatment of my son/daughter, in the event of illness or injury during any team-relegated activity when either parent cannot be reached. If there is any physical or medical reason why he/she should not participate fully, the school requires a doctor's release. Furthermore, the school is not liable for any injury incurred during tryouts.

Parent's/Guardian's Signature

Date

Elementary School District No. 12

EMERGENCY ROOM CONSENT FORM

Occasionally accidents occur when students are participating in school-organized sports. On several instances when the parents have been out of town, medical treatment has been delayed at the nearest hospital. To eliminate any delays in hospital attention parental permission to proceed with immediate medical care would be advisable.

My (son or daughter) _____ has my permission to receive medical treatment at the nearest hospital for any injury sustained during the school sports season.

Name _____

Age _____

Birthdate _____

Allergies _____

Family Doctor _____

Nearest Relative _____

Telephone number where we can reach parents _____

Alternate Emergency _____ Relative _____

Signature of Parent or Guardian Date

WAIVER

The undersigned parent(s)/Guardian(s) of _____, minor, hereby represent to Elementary District No. 12 that the undersigned have secured and will maintain accident insurance covering all damages and medical expenses which may be incurred as the result of injury to said minor by reason of his or her practice for and participation in athletics activities during the present school term.

This statement is made for the express purpose of inducing Elementary District No. 12 to render said minor eligible for participation in said sports, without the necessity of payment of the usual fee for coverage under the student accident insurance program, which normally is in force to cover said injuries and damages. Further, the undersigned hereby acknowledges that said program has been explained to and understood by him (her) (them) and specifically represent that the undersigned do not desire said insurance coverage.

Dated this _____ day of _____, 20_____.

